

WESTMORELAND SCHOOL

August/September 2016 School Lunch Menu

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			25	26
			Chicken Tenders	American Chop
			Pasta Salad w/Veggies	Suey
			Whole Grain Bread	Garden Salad
			Fruit	Garlic Bread
			Milk	Fruit
				Milk
29	30	31	1	2
Chicken	Pizza	Hamburger on a	Turkey & Cheese Sub	BBQ Chicken
w/Broccoli Over	Garden Salad	Bun	Lettuce/Tomato	Baked Beans
Noodles	Fruit	Lettuce/Tomato	Fruit	Coleslaw
Salad	Milk	Fresh Fruit	Milk	Roll
Fruit		Milk		Fruit
Milk				Milk
5	6	7	8	9
	Taco Soup	Corn Dogs	Beef and Noodles	Cowboy Cavatini
No School	Whole Grain	Garden Salad	Fresh Veggies	Green Beans
Labor Day	Chips	Apple	Blueberry Oat Muffin	Roll
j	Carrot Sticks	Milk	Pineapple	Fruit
	Fruit	1.2	Milk	Milk
	Milk			
12	13	14	15	16
Chicken Patty on	Mac & Cheese	Baked Ham	Chili	Loaded Pasta
a Bun	Meatballs	Sweet Potato	Celery & Cukes	Salad
Lettuce/Tomato	Seasoned Peas	Biscuit	Corn Bread	Bread
Fruit	Fruit	Fruit	Oranges	Fruit
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Sausage Pizza	Chicken	Spaghetti	Taco Burger on a Bun	Ham & Cheese
Broccoli	Tetrazzini	w/Meatsuace	Lettuce/Tomato/Cheese	Wrap
Fruit	Tossed Salad	Garden Salad	Salsa	Lettuce/Tomato
Milk	Bread Stick	Roll	Fruit	Applesauce
	Fruit	Fruit	Milk	Milk
	Milk	Milk		
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Breakfast/Snack: Choices Varied By Day Include: Whole Grain Cereal w/Cheese Stick, Bagel w/Cream Cheese, Pancakes, or Fruit Muffin. All served w/choice of Fruit or 100% Fruit Juice and Milk

Offered in Place of Entre' Daily: Peanut-Butter & Jelly, Fruit, Vegetable and Milk or Chef Salad, Wheat Roll, Fruit and Milk

Breakfast/Snack \$1.50/Reduced \$.30 Per Day Milk \$.50 Per Carton

*Menu subject to change without notice

K-4 Lunch \$2.70/Reduced\$.40 Per Day 5-8 Lunch \$2.70/Reduced \$.40 Per Day

*We use whole grain products only